

WE'VE COME THIS FAR BY FAITH

"Dear God, I'm living too large. Please give me the strength and willpower to exercise and lose weight, take my medication and eat right.

Since I got the diabetes, maybe twice a week I sit down and pray because if I don't take care of myself, I am going to go down the drain. I put myself in your hands now, God.

I have come this far by faith!"

**He Will See You Through!
The Ability To Manage
Diabetes is Ultimately
in Your Hands!**

**Discipline. Consistency.
Patience. Faith.**



If you want more information about the BBKH Coalition's diabetes prevention and management program, call us at 212-289-2400.